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June 18, 2026

Dear Parents and Friends,

We hope that you all had an amazing last week of school. We would like to share the following information with you:

### **Class of 2026**

The Grade 8 graduation ceremony was held yesterday evening in the LCS school gymnasium. Many thanks to Marty Mylniec, Mary Nolan, Suzanne Serra, Heidi Sheldon, and Kathy Snyder for helping to make our graduation so special. Also, thank you to our alumnus, Jonathan Maynard, for joining us to share opening remarks with our graduates. Good luck to all of our Grade 8 students as they transition to their prospective high schools.

### **Best Wishes**

We have two staff members, Ella Gil (Social Work) and Ellen Joly (PE) and two interns, Megan Rosen and Nash Mendlinger, whose last day at LCS was today. We thank all four individuals for their contributions to the LCS community and the positive impact they've had on our students. We wish them all the best in their future endeavors.

### **Student Class Assignments**

We would like our families to know that student class assignments will be emailed out in August.

### **Preschool Program Survey**

Please take a moment to complete our Preschool Program Survey by [clicking on this link](#) and scanning the QR code. Your feedback is essential as we plan for the future of our Pre-K programs. We value the input of current, incoming, and former families whose children have participated in the Lisbon Central School Preschool Program. Thank you for taking the time to share your thoughts and help us continue to strengthen our program for future students and families.

### **Transportation for 2026-2027 School Year**

In an effort to better plan efficient transportation for the 2026-2027 school year, we kindly ask Lisbon parents who will **NOT** be using district transportation to complete the 2026-2027 Waiver of District-Provided Transportation Form by [clicking this link](#) and filling out the waiver by Friday, July 17, 2026.

### **Summer Reading and Math Challenge**

It's that time of year again when we encourage our students to participate in the Summer Reading Challenge and Summer Math Challenge.

- Please [click on this link](#) for resources from Ms. Ley, which include information on the Summer Reading Log, Slater Library Summer Reading, and Scholastic TrueFlix! And Scholastic BookFlix!.
- Involvement in the [Commissioner's Summer Math Challenge](#) will support and enhance our efforts to help every student access grade-level content. [This year's theme is "Math Unlocked: Discover Your Potential!"](#)

### **From the LCS PTO**

The LCS PTO is currently recruiting LCS parents to join the PTO membership or the PTO Board (vice president, secretary). If you are interested, please reach out to Brandi Larkin, LCS PTO President, at [lisbonpto@lisbonschool.org](mailto:lisbonpto@lisbonschool.org). The LCS PTO Baseball

Night at Dodd Stadium will be held on Friday, July 31, 2026. Please [click on this link](#) for more information. The LCS PTO, in coordination with the Lisbon Recreation Department, will be holding its 3rd Annual Lisbon Family Fun Day on Saturday, August 22, 2026. Please [click on this link](#) for more information.

### **Summer Nutrition Resources for Families (From CSDE)**

Just as connection serves as a powerful protective factor for youth mental health, meeting children's basic needs is essential to their well-being. This summer, children can access free, nutritious meals through USDA SUN Meals at upwards of 500 locations across Connecticut. Any child aged 18 and younger can simply show up and enjoy a healthy meal at no cost to them or their household—no application, income verification, or ID required. Families can find nearby meal sites using the [USDA Summer Meals Site Finder](#). Locations and hours may change throughout the summer, so families should check before they go. In addition, most children eligible for Summer Electronic Benefits Transfer (S-EBT) benefits will receive them automatically. Families who have not received benefits but believe they may qualify can apply. [Learn more about S-EBT](#).

### **Community News**

Norwich Free Academy is offering a wide range of engaging opportunities for students of all ages throughout the summer months. Many of these programs are free and provide incredible experiences focused on learning, enrichment, creativity, and fun on the NFA campus. You can view all offerings here: <https://nfaschool.org/summer>.

The UCONN Navy STEM Coalition is providing various STEM opportunities for students in grades 5-8 and high school. Please [click on this link](#) and [this link](#) for more information.

### **From the Nurse's Office**

- **Medication Health Forms**

If you would like your child to receive any medications during the 2026/2027 school year (including Ibuprofen or Acetaminophen), please ensure your doctor completes the [Administration of Medication Form](#). If this form is not on file in the Nurse's office, your child will not be given medication at school. All medication must be brought to school by a parent/guardian. DO NOT send any medication to school with your child, prescription or nonprescription. Please be sure to turn in the new forms as soon as possible.

- **Physicals & Immunizations**

All students enrolling in Pre-K, Kindergarten, or 7th grade must present a physical date within one calendar year before the first day of school and complete an immunization record before they can begin.

### **Connection is Key (From CSDE)**

While many students and families are excitedly planning for summer break, we know this season can also be a difficult and isolating time for some students. During the summer of 2024, nine Connecticut youth died by suicide between mid-June and the end of August. Although increases in youth suicide can be unpredictable, one of the strongest protective factors is connection—to family, community, and supports. To help promote these important connections, the Connecticut State Department of Education, in collaboration with the Connecticut Department of Children and Families, developed the "Connection is Key" flyer to remind families of the vital role connection plays in supporting youth mental health and well-being. [Please click this link](#) for more information.

### **Healthy Hint for the Summer**

Get plenty of rest and stay hydrated. It's important to stay hydrated during summer, especially if you're spending time outdoors in the heat. Be sure to drink plenty of water. And if you're going to be outside for an extended time, take along a sports drink to replenish your electrolytes.

That is all we have for this week's Dear Parents and Friends. Have a fantastic summer break. The first day of school is Thursday, August 27, 2026. We look forward to seeing our students on the first day of school!

Christopher & Sal