



February 21, 2025

Dear Parents and Friends,

We hope that you all had a great February Break and week. We would like to share the following information with all of you:

RIF Breakfast

During the week of March 10, 2025, LCS is celebrating National School Breakfast Week. National School Breakfast Week (NSBW) celebrates the importance of nutritious school breakfasts in fueling students for success. Reading is Fundamental (RIF) is the leading voice for children's literacy. Combining these two events, we have created an opportunity for our LCS families to have breakfast with their students and receive a free book. If you are interested in attending, please sign up by 12:00 pm, Friday, March 7, 2024, so that we have an accurate number of parents for breakfast. Please [click on this link](#) for more information.

Read Across America

Sunday, March 2, 2025, is Read Across America Day (Dr. Suess's birthday). With that being said, Lisbon Central School is celebrating Read Across America all week with a special daily Dr. Suess-theme. Please join us during this special week to help excite, motivate, and celebrate a love for reading. Please [click on this link](#) for our daily themes. Thank you to Ms. Ley for helping to organize this very important celebration of reading.

Ethel L. Ducharme Scholarship

We are accepting applications for the Ethel L. Ducharme Scholarship. This scholarship is for students who graduated from the eighth grade at Lisbon Central School and will pursue undergraduate or graduate studies toward a career in medicine, including but not limited to physician, nurse, therapist, or medical researcher. For more information, [please click on this link](#). The application deadline for this scholarship is April 23, 2025.

Kids Heart Challenge

In our Physical Education classes, we are helping to support the American Heart Association through the Kids Heart Challenge service-learning program. During PE class, K-8 students will learn how to have happy and healthy hearts and brains while raising lifesaving donations to help others with special hearts. Plus, your family can learn the lifesaving skill of Hands-Only CPR through Finn's Mission! You may sign up by [clicking this link](#) or by downloading the FREE AHA Schools App for [Apple](#) or [Android](#). Thank you to Mrs. Fabry for organizing this event for LCS.

LCS PTO Big Y Fundraiser (Month of February)

We have one more week to participate in the Big Y Community Bag Program. Please [click on this link](#) for information. For every purchase of a reusable bag, the Plainfield Big Y will send \$1.00 to the LCS PTO.

LCS Job Opportunities

We are currently seeking one (1) Long-term substitute (Gr. 3), two (2) Long-term substitutes (Gr. 6), coaches for Spring sports, as well as temporary (short-term) tutors and substitute teachers to join our team. Please [click on this link](#) to view the employment application or feel free to share it with prospective candidates.

2024-2025 Yearbooks

Please [click on this link \(updated\)](#) to order this year's yearbook. We have less than 35 copies available for purchase. Purchase may be completed online or by sending in a check or money order (no cash) made payable to the LCS Student Activity for \$25.00. If you have any questions, please contact Mr. Gracia at jgracia@lisbonschool.org.

Community Partners

Please [click on this link](#) for information from NFA about their next Saturday Morning Children's Art (SMCA) program session that runs from March 8 to May 17. Please [click on this link](#) for information from Slater Library about a couple of upcoming events. Please [click on this link \(updated\)](#) for upcoming events offered by the Griswold Recreation Department.

From the Nurse's office

We have seen an increase in various respiratory viruses, including the flu, pneumonia, norovirus, etc., circulating throughout our school across multiple grade levels. To help prevent transmission, please keep children home if they are feeling unwell. For the latest respiratory health guidance, visit our school website to review the current CDC recommendations. Please [click on this link](#) for an article from UNCAS Health District about recognizing symptoms of the flu and what to do if you have the flu. Thank you for your cooperation in keeping our school community safe and healthy.

Healthy Hint of the Week

Medical experts stress the importance of taking your time when eating and eating without distractions. When you sit down for a meal or a snack, put down the technology and take time to chew your food and enjoy the flavors, smells, and textures of what you are eating.

That is all we have for this week's Dear Parents and Friends. Have a great weekend!

Christopher & Sal