

January 3, 2025

Dear Parents and Friends,

Happy New Year to all of you. It was great seeing all of our students return to school yesterday refreshed and ready to learn. We would like to share the following information with all of you:

Absent Note Reminder

We appreciate our families taking the time to notify the school when a child is absent. As a reminder, please ensure a signed absence note is submitted to the main office within 10 days of your child's return to school. The note should include the reason for the absence and a parent or guardian's signature. Alternatively, a doctor's office may fax a medical note directly to the main office. Thank you for your cooperation!

Text Notifications

We use the Notify system to send important updates via text messages. If you're not receiving these messages, simply text **'YES'** to **79041** to subscribe. Thank you!

Cafeteria - Meal Balance Reminder

We would like to remind our families that the PaySchools website and mobile app offers an easy way to track your child's cafeteria spending. If your child purchases any food items from the cafeteria, we encourage you to create a PaySchools account. With PaySchools, you can:

- Add funds to your child's account.
- Track purchase history.
- Set up low-balance alerts.
- View current account balances.

For those who prefer not to use the PaySchools site, funds can still be added to your child's account directly at the cafeteria register.

Friday, February 14th Lunch

This year, Valentine's Day falls on a Friday for the first time since 2014. This day will be an early release day and will lead into our February Break. Please note that the kitchen will be closed on this day and will **NOT** be serving breakfast or lunch on Friday, February 14th.

From the Nurse's office

Please <u>click on this link</u> for this week's update from the Nurse's office about cold weather and cold and respiratory illnesses.

Healthy Hint of the Week

Good sleep habits can help you get a good night's sleep. Go to bed at the same time each night and get up at the same time each morning, including on the weekends. Being consistent reinforces your body's sleep-wake cycle

Ducharme Survey

Two years ago, Lisbon Central School received an endowment from the Gerald Ducharme estate. The Lisbon Board of Education is seeking input on how to best use this endowment through the completion of a survey. Please complete the survey if you are interested in providing feedback on how to use these monies. When providing feedback through the survey, please consider the following guidelines:

- The proposed expenditure should not exceed the remaining balance of \$110,869.85.
- Ideally, the funded project should benefit Lisbon Central School as a whole.
- Recurring expenses should be carefully considered. For example, a project with a significant upfront cost may also incur ongoing maintenance or operational costs.

Please <u>click on the link</u> below to complete the survey. The last day to submit your response to this survey is **Friday**, **January 24, 2025.**

That is all we have for this week's Dear Parents and Friends. Have a great weekend!

Christopher & Sal