

PHYSICAL EDUCATION

LCS has hit the ground running this school year! We are getting outside as much as possible this fall. Please make sure that you are wearing sneakers on your "PE day" they will improve your performance as well as keep you and your classmates safe.

Grades K-2: Locomotor skills across the room and fun games focusing on rules, boundaries and evasion.

Grades 3-5: Soccer foundations and Keep Away Grades 6-8: Flag Football, and Team Building Grades 4,, 6 & 8 are completing the State Fitness Test: Mile Run, PACER, Push-up, sit & Reach, and Curl-up

Health

6th Grade: Intro to Health
& Understanding the
Health Triangle
7th Grade: Nutrition and
the benefits of choosing
Nutrient rich foods
8th Grade: Components of
Fitness and Students
created their own Gym
All Students were a part of another

successful RED Ribbon Week ART

Great things are happening in the art room this year. If you happen to visit the school, make sure to take a look at the artwork hanging in the hallways! Students are creating some beautiful projects. Here are the current art projects we are working on:

PreK: Winter Mittens

Kindergarten: Mixed Media Castles

1st Grade: Mixed Media Owls

2nd Grade: Pie inspired by artist Wayne Thiebaud

3rd Grade: Warm and Cool Landscapes **4th Grade:** Russian Nesting Dolls

5th Grade: Printmaking6th Grade: Dragon Eyes7th Grade: Zentangle Flowers

Congratulations to all **Artist of the Week** recipients in grades 4-8 for the months of September, October and November!



Our Winter Band Concert is scheduled for Wednesday, December 18, 2024 @ 7:00 pm in the gym. Band members in grades 6-8 are to meet in the library to warm up & tune up @ 6:30 pm.