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November 15, 2024

Dear Parents and Friends,

High School Open House opportunities

Many of our area high schools will hold an open house for prospective students. Here are the dates and times that have been provided:

- Norwich Free Academy, Wednesday, December 4th, 6-8 pm. [Click on this link](#) to register.
- Marine Science Magnet High School - Saturday, December 7th: 10 am–12 pm; and Thursday, January 9th: 6–7 pm
- Lyman Memorial HS, next Wednesday, November 20th: 6-7:30 pm

From the Nurse's Office

As flu season approaches, we all play a role in keeping our children healthy. Respiratory viruses like the flu and pneumonia are circulating in our school, with cases appearing across various grades. According to the Department of Public Health, respiratory illness levels are expected to peak during late fall and winter. Indoor activities, holiday gatherings, and travel increase the likelihood of transmission.

You can help prevent the spread of illness by keeping children home when they show symptoms. For current [CDC respiratory health guidelines, please visit our school website.](#)

For more information, please:

- [Click on this link](#) for guidance from the Nurse's office on when to keep a student home.
- [Click on this link](#) for tips on preparing for flu season.
- [Click on this link](#) to read "Reminder: Flu Vaccinations for Young Children Required by Dec. 31" by Patrick McCormack from the Uncas Health District.

Thank you for helping keep our school community healthy!

Payment changes

Please [click on this link](#) to read the letter sent to families last week regarding changes in how we are collecting money from PreSchool and Child Care families. Please note that the cafeteria will continue to accept cash and checks as payment options. Students may either bring cafeteria payments to their homeroom teacher or pay directly in the lunch line. Please make checks payable to **LISBON HOT LUNCH**.

Holiday Assistance Opportunity for Lisbon Families

With the holidays quickly approaching and Thanksgiving falling later this year, we're sharing this information earlier to ensure everyone has the time they need to plan. Griswold Youth Service Bureau (GYSB) is offering holiday assistance for Lisbon families. If your family could benefit from this support, please complete the Holiday Helpers form ([click this link](#)) and return it to Kathy Snyder, Lisbon School Counselor.

Our school counselor, Kathy Snyder, is once again coordinating efforts to help make the holidays brighter for Lisbon students and their families. Families with older or younger siblings are welcome to participate. Additionally, if any families or local civic groups (e.g., Scouts, Lions Club) are interested in contributing to the holiday assistance program, please contact Kathy. Participation can remain completely anonymous, and delivery arrangements can be made for recipients if needed. For more information or to get involved, contact Kathy Snyder at **(860) 376-2403 ext. 240** or ksnyder@lisbonschool.org.

LCS PTO

The LCS PTO would like to remind our families who participated in the Pie Fundraiser that the pie pickup will be next Thursday, November 21st from 3:30 -5:00 pm in the cafeteria. The LCS PTO is holding its annual Winterfest vendor fair next Saturday, November 23rd from 10:00 am to 2:00 pm in the LCS cafeteria and gymnasium. Please [click on this link](#) for more information. Also, mark your calendars! Breakfast with Santa will take place on Saturday, December 7th from 8:00 - 11:00 am. Please [click on this link](#) for more information.

Holiday Concert

We are happy to announce that the [LCS Holiday Concert](#) will be held on Wednesday, December 18, 2023, at 7:00 p.m. in the LCS gym. We look forward to having our students perform for our community.

Cyber-Safety/CyberBullying Prevention

Trooper Adams will return to visit our students in grades 4-8 next week, delivering grade-level presentations on cyber safety, cyberbullying, and bullying prevention. We appreciate Trooper Adams' commitment to sharing this valuable information with our students at LCS.

Community News

Please [click on this link](#) for information from NFA about their Saturday Morning Children's Art (SMCA) program. Please [click on this link](#) for upcoming events from the Griswold Recreation Department.

LCS Substitutes

We are looking for substitute teachers to join our team. Please [click on this link](#) to view the employment application or feel free to share it with prospective candidates.

Lost and Found

The lost and found in the library hallway has accumulated many items, including clothing and other belongings. If your child is missing something, please check this area, as it may have been turned in there.

Healthy Hint of the Week

Take a break when you're stressed. When you're overwhelmed, take a step back. A simple breathing exercise can help you feel calmer. For each breath, count to four as you inhale, hold it for a four-count, and exhale for another four.

Have a wonderful weekend.

Christopher & Sal