



November 1, 2024

Dear Parents and Friends,

Tuesday, November 5, 2024

Next Tuesday, November 5th is Election Day. There will be no school for students. Teachers will be involved in professional learning on this day.

October Students of the Month

Congratulations to our October Students of the Month - Novali Booth-Eleazer, Avon Brochu, Kalell McClenathan, Grace Peluso, Kynsley Mastalerz, Isaac Mantey, Freddie Wissell, Abbie Brower, and Alliyah Baird. Nice Job to these students for demonstrating Cougar Pride's tenants of being respectful, responsible, safe, and trustworthy.

Red Ribbon Week

The 2024 Red Ribbon Week was a great success. Thank you to all of our students who participated. Thank you to Mrs. Fabry and her Grade 6, 7, and 8 health classes for organizing this important week for our school.

Kindness/Anti-Bully Assembly

Mannie Nogueira, a BMX superstar brought his message of kindness and anti-bullying along with his BMX bicycling skills to Lisbon Central School yesterday. Thank you to the LCS PTO for organizing this event for our school.

High School Open House opportunities

Many of our area high schools will hold an open house for prospective students. Here are the dates and times that have been provided:

- Norwich Free Academy, Wednesday, December 4th, 6-8 pm. [Click on this link](#) to register.
- Ledyard Agri-Science, November 7th, 6-8:00 pm
- Marine Science Magnet High School - Thursday, November 7th: 6–7 pm; Saturday, December 7th: 10 am–12 pm; and Thursday, January 9th: 6–7 pm
- Lyman Memorial HS, Wednesday, November 20th: 6-7:30 pm

Little Free Library

A [Little Free Library](#) courtesy of the Connecticut Education Foundation has been installed outside of the building by the PreSchool doors. Please feel free to take a book or share a book.

ADA Walkway

The ADA Walkway is almost finished. The railings are scheduled to be installed next week.

Lisbon Recreation Department

Sign-ups have begun for Lisbon REC basketball please [click this link](#) to sign up.

Community News

Please [click on this link](#) for upcoming events from the Griswold Recreation Department.

From the Nurse's Office

Please [click on this link](#) for information about physicals for school sports.

COVID-19 tests - Every household in the United States can receive four free at-home COVID-19 rapid tests, delivered straight to your door. You can order these tests at no cost, including the shipping, by visiting covidtests.gov.

Healthy Hint of the Week

Take a walk. Walking is a calming activity that helps you stay healthy without requiring any equipment. Regular 30-minute walks can not only keep you healthy and stay in shape but also reduce stress.

Have a wonderful weekend.

Christopher & Sal