



April 27, 2023

Dear Parents and Friends,

We hope that you all had a great week. We would like to share the following information with all of you:

**Reminder: Board of Education 2023-2024 Budget**

We would like to remind our LCS parents and friends that the Town's Board of Finance is sending the 2023-2024 Board of Education Budget to the Annual Town Hearing scheduled for May 1<sup>st</sup> at 7:00 p.m. in the LCS cafeteria. This budget has an increase of 4.97% over this year's budget. It is a fiscally sound budget that addresses the needs of our students, staff, and building. This hearing is open to the public; we hope to see you there.

**Early Release Day**

Friday, May 5, 2023, is an early release day. This is a teacher in-service day. Students will be released at 1:00 pm. On this day, teachers will be having a presentation from the CT Human Anti-trafficking Response Team (HART).

**NAEYC Accreditation**

A note of thanks to Scott Trepanier, April Korytkowski, Becky Overholt, and Courtney Kinmonth for their work in preparing for NAEYC accreditation. We are happy to report that we have received a 5-year NAEYC accreditation. Congratulations on a job well done.

**Cafeteria Audit**

Congratulations to Mike Rossi and the cafeteria staff on passing the recent Child Nutrition Administrative Review that was conducted at the end of April. The following commendation was provided by the auditor *"It was a pleasure visiting Lisbon Central School. All staff were very welcoming, friendly, and professional. It was observed that the staff had a good rapport with the students, and they were open to any feedback, and technical assistance was provided. Additionally, the food service director was very prepared for this Administrative Review, and the materials and supporting documentation were well organized."* Nice job to Mike and our cafeteria staff!

**Training on Internet Safety for Parents, Teachers, and Child Workers**

On behalf of the Department of Children and Families, [please click on this link](#) to view the flyer regarding training on Internet Safety for parents, teachers, and child workers on May 2<sup>nd</sup>, at 6:00 p.m., being led by the CT US Attorney's Office. The training will be on Zoom, [registration is required](#), and capacity is limited.

**Pop Tabs Collection**

Some members of the 8th-grade student body are collecting pop tabs from aluminum cans to donate and raise money for the Ronald McDonald House. [Please click on this link for more information.](#) Thank you for your support.

**Slater Library**

Please [click on this link](#) to see what is happening at Slater Library during the month of May.

### **NFA Athletics Summer Opportunities**

Please click on the links for information about [Wildcat Softball School Wildcat & Basketball Summer Open Gym](#) and [Wildcat Hoop School](#) at NFA this summer.

### **Lisbon Fall Festival**

We are excited to share that the Lisbon Fall Festival Committee is bringing back the Lisbon Fall Festival. The event will be Saturday, September 30, 2023, from 10:00 am to 2:00 pm at the Lisbon Community Barn. This community event will have games, prizes, crafts, food available for purchase, a corn hole tournament, and a bounce house. Tickets for each station will be available for purchase. [Please click on this link for the Lisbon Fall Festival Facebook event page.](#)

### **LCS PTO Newsletter & Fun Run**

Please check out this month's [LCS PTO newsletter](#). Also, there will be a [Fun Run fundraiser](#) to support the LCS PTO. Participants will have the choice to navigate through one of two [different courses](#). Interested participants will need to complete a [registration form](#). There is also a [pledge sheet](#) for participants. Our next LCS PTO meeting will be Wednesday, May 3, 2023, at 6:30 pm in room 36. Please check out the [LCS PTO Facebook](#) page for information on upcoming events. See you then!

### **Healthy Hint of the Week**

Practice [mindfulness](#) by taking a couple of minutes to notice your breathing. Focus on the rise and fall of your chest and belly. Breathe in for 4 counts and fill your belly up with air, pause, and breathe out for 6 counts. When your mind wanders to thinking, gently bring it back to your breath. This way you can give your mind a break and be present in the moment, free of worries

Have a wonderful weekend

Christopher & Sal