# Lisbon School District

15 Newent Road Lisbon, CT 06351

5141

# **Students**

# Student Health Services School District Contracted APRN

The Board of Education shall appoint a Contracted APRN and appropriate medical support service personnel including nurses.

The school district Contracted APRN, in cooperation with the Board and the board of health/health department for the school district, shall:

- 1. Plan and administer each school's health program,
- 2. Advise on the provision of school health services,
- 3. Provide consultation on the school health environment, and
- 4. Perform any other duties as agreed between the advisor and the appointing board of education.

School health efforts shall be directed toward detection and prevention of health problems and to emergency treatment, including the following student health services:

- 1. Appraising the health status of student and school personnel;
- 2. Counseling students, parents, and others concerning the findings of health examination;
- 3. Encouraging correction of defects;
- 4. Helping prevent and control disease;
- 5. Providing emergency care for student injury and sudden illness:
- 6. Maintaining school health records

# **Health Records**

There shall be a health record for each student enrolled in the school district which will be maintained in the school nurse's room. For the purposes of confidentiality, records will be treated in the same manner as the student's cumulative academic record.

Student health records are covered by the Family Educational Rights and Privacy Act (FERPA) and are exempt from the Health Insurance Portability Act (HIPAA) privacy rule. However, it is recognized that obtaining medical information from health care providers will require schools to have proper authorization and to inform parents that such information once released by health care providers is no longer protected under HIPAA but is covered under FERPA.

# Regular Health Assessments

Prior to enrollment in Pre-K and kindergarten, each child shall have a health assessment by one of the following medical personnel of the parents or guardians choosing to ascertain whether the student has any physical disability or other health problem tending to prevent him or her from receiving the full benefit of school work and to ascertain whether such school work should be modified in order to prevent injury to the student or to secure for the student a suitable program of education:

1. A legally qualified physician;

- 2. An advanced practice registered nurse;
- 3. A registered nurse, licensed pursuant to Chapter 378; not the School Nurse
- 4. A physician's assistant.
- 5. A school medical advisor;
- 6. A legally qualified practitioner of medicine, an advanced practical registered nurse, or a physician's assistant stationed at a military base.

# Such health assessment shall include:

- 1. Physical examination which shall include hematocrit or hemoglobin tests, height, weight, and blood pressure; and a chronic disease assessment which shall include but not be limited to, asthma
- 2. Updating of immunizations required under C.G.S. 10-204a as periodically amended;
- 3. Vision, hearing, postural and gross dental screening;
- 4. If required by the Contracted APRN, testing for tuberculosis and sickle cell anemia or Cooley's anemia
- 5. Any other information including a health history as the physician believes to be necessary and appropriate

Health assessments shall also be required in grade 6 by a legally qualified physician of each student's parents or guardians own choosing, or by the Contracted APRN, or the APRN's designee, to ascertain whether a student has any physical disability or other health problem. Such health assessments shall include:

- 1. Physical examination which shall include hematocrit or hemoglobin tests, height, weight, and blood pressure; and a chronic disease assessment which shall include, but not be limited to, asthma;
- 2. Updating of immunizations required under 10-204a; and the Department of Public Health, Public Health Code, 10-204a-2a, 10-204-3a, and 10-204a-4;
- 3. Vision, hearing, postural and gross dental screening;
- 4. If required by the Contracted APRN, testing for tuberculosis and sickle cell anemia or cell anemia or Cooley's anemia;
- 5. Any other information including a health history as the physician believes to be necessary and appropriate

A child will not be allowed, as the case may be, to begin or continue in district schools unless health assessments are performed as required. Students transferring into the district must provide evidence of required Connecticut vaccinations, immunizations, and health assessments at enrollment and prior to school attendance.

Health assessments will be provided by the Contracted APRN or the Supervisor's designee without charge to all students whose parents or guardians meet the eligibility requirement of free and reduced priced meals under the National School Lunch Program or for free milk under the special milk program.

The Board of Education shall annually designate a representative to receive reports of health assessments and immunizations from health care providers.

Health assessment results and recommendations signed by the examining physician or authorized medical personnel shall be recorded on forms provided by the Connecticut State Board of Education and kept on file in the school the student attends. Upon written authorization from the student's parent or guardian, original cumulative health records shall be sent to the chief administrative officer of the school district to which such student moves and a true copy of the student's cumulative health records maintained with the student's academic records. The superintendent of schools, or designee, shall notify parents of any health-related problems detected in health assessments and shall make reasonable efforts to assure that further testing and treatment is provided, including advice on obtaining such required testing or treatment.

Students who are in violation of Board requirements for health assessments and immunizations will be excluded from school after appropriate parental notice and warning.

# Vision Screening

All students in Kindergarten and grades one and three to five, inclusive, will be screened using a Snellen chart, or equivalent screening, by the school nurse or school health aide. An equivalent screening device or an automated vision screening device may be used for such vision screening. Additional vision screening will also be conducted in response to appropriate requests from parents/guardians or professionals working with the student in question. Results will be recorded in the student's health record on forms supplied by the Connecticut State Board of Education, and the Superintendent or designee shall cause a written notice to be given to the parent or guardian of each student found to have any defect of vision or disease of the eyes, with a brief statement describing such defect or disease.

As necessary, special educational provisions shall be made for students with disabilities.

# **Hearing Screening**

All students will be screened for possible hearing impairments in Kindergarten and grades 1, 3 4 & 5. Additional audiometric screening will be conducted in response to appropriate requests from parents/guardians or professionals working with the student. Results will be recorded in the student's health record on forms supplied by the Connecticut State Board of Education, and the superintendent or designee shall cause a written notice to be given to the parent or guardian of each student found to have any defect of hearing, with a brief statement describing such defect.

As necessary, special educational provisions shall be made for students with disabilities.

# Postural Screening

School nurses will screen all each female student in grades five and seven, and each male student grade eight for scoliosis or other postural problems. Additional postural screening will also be conducted in response to appropriate requests from parents/guardians or professionals working with the student. Results will be recorded in the student's health record on forms supplied by the Connecticut State Board of Education, and the Superintendent or designee shall cause a written notice to be given to the parent or guardian of each student found to have any postural defect of problem, with a brief statement describing such defect or disease.

As necessary, special educational provisions shall be made for students with disabilities.

# **Tuberculin Testing**

In addition to tuberculin testing, if required by the school district medical advisor, as part of regular student health assessments, all new students, including preschool students, will be required to have at least one test for tuberculosis prior to entry in district schools, if determined to be at risk for exposure to TB.

NOTE: The Connecticut Department of Public Health discourages routine TB testing of all students at school enrollment or for any of the required health assessment. It is recommended that students, at each mandated health assessment, be screened for their risk of exposure to TB. A child, determined to be at risk for exposure to TB should be required to be tested.

# Immunizations/Vaccinations

No student will be allowed to enroll in any program operated as part of the district schools without adequate immunization against the following diseases:

- 1. Measles
- 2. Rubella
- 3. Poliomyelitis
- 4. Diphtheria
- 5. Tetanus
- 6. Pertussis
- 7. Mumps
- 8. Haemophilus influenza type B
- 9. Varicella or proof of immunity
- 10. Hepatitis B
- 11. Any other vaccine required by section 19a-7f of Connecticut General Statues
- 12. Hepatitis A
- 13. Pneumococcal Disease
- 14. Influenza
- 15. Meningoccal Disease

All students in grades K-12 are required to have received 2 doses of measles, mumps and rubella vaccine or serologic proof of immunity. Students entering kindergarten and seventh grade shall show proof of having received 2 doses of varicella vaccine, laboratory confirmation of immunity, or present a written statement signed by a physician, physician assistant or advance practice registered nurse indicating the individual has had varicella based on family or medical history.

All seventh grade students must show proof of 1 dose of meningococcal vaccine and 1 dose of Tdap in addition to the completion of the primary DTP series.

All students in grades K-12 are required to have 3 doses of Hepatitis B vaccine or serologic evidence of immunity.

Students shall be exempt from the appropriate provisions of this policy when:

- 1. They present a certificate from a physician, physician assistant, advanced practice registered nurse, or local health agency stating that initial immunizations have been given and additional immunizations are in process under guidelines and schedules specified by the Commissioner of Health Services; or
- 2. They present a certificate from a physician, physician assistant, advanced practice registered nurse, stating that in the opinion of such medical provider, immunization is medically contraindicated because of the physical condition of such child. Such certification shall be provided on the medical exemption certificate form developed by the Department of Public Health and available on its website; or
- 3. They present a statement from their parents or guardians that such immunization would be contrary to the religious beliefs of such child or his/her parents/guardians; such statement to be officially acknowledged in accordance with the applicable statute and such religious exemption was granted prior to April 28, 2021(by midnight April 27, 2021). Such student retains this exemption through grade twelve, even if the student transfers to another school in Connecticut;

Note: To be eligible for such an exemption, a student: (a) must have been enrolled in school in Grades K-12 on or before midnight April 28, 2021; and (b) must have submitted a valid religious

exemption prior to midnight April 27, 2021. Students must meet both conditions in order to be eligible for a religious exemption.

- 4. In the case of a child enrolled in pre-school or pre-kindergarten on or before April 28, 2021 whose parent/guardian appropriately submitted a statement necessary for the religious exemption shall have until September 1, 2022 to comply with Connecticut's required immunizations or within fourteen days after transferring to a different public or private school, whichever is later. The deadline for such pre-school/pre-K student complying with the immunization requirements can be altered if the school/district is provided with a written declaration from the child's physician, physician assistant or advanced practice registered nurse recommending a different immunization schedule for the child.
- 5. In the case of measles, mumps or rubella, present a certificate from a physician, physician's assistant, or advanced practice registered nurse, or from the Director of Health in such child's present or previous town of residence, stating that the child has had a confirmed case of such disease; or
- 6. In the case of haemophilus influenza type B has passed his or her fifth birthday; or
- 7. In the case of diphtheria, tetanus and pertussis, has a medical exemption confirmed in writing by a physician, physician assistant, or advanced practice registered nurse (per C.G.S. 19a-7f).

The school nurse will report to the local director of health any occurrence of State of Connecticut defined reportable communicable diseases.

Note: In the situation regarding the religious exemption, a child is considered enrolled in school on or before April 28,2021 as a parent/guardian provides documentation, consistent with District policy, establishing that such child is eligible to attend school in the district in the current or upcoming school year based upon age and residency, and that the family intends for the child to do so, whether the District refers to eligibility as "registration" or "enrollment". Families that took such steps, on or before April 28, 2021, toward having children attend Kindergarten for the 2020-2021 school year would be considered enrolled in the District as a Kindergarten student. Such a student would be eligible for a religious exemption if the student also provided a valid religious exemption statement by midnight on April 27, 2021. (CSDE Guidance – 5/25/21)

# Health Assessments / Interscholastic Sports Programs

Any student participating in an interscholastic sports program must have a physical health form on file in the school nurse's office, current within the last thirteen months, prior to try-outs or the first training session for the sport or sports. After the initial examination, repeat examinations are required yearly. Each participant in a sport program must complete a health questionnaire before participating in each sport.

Parents are expected to use the services of their private physician. If a student is unable to obtain a health assessment from his / her personal physician for financial or other reasons, an examination can be arranged with the Contracted APRN. Health assessment results shall be recorded on forms provided by the Connecticut State Board of Education, signed by the examining physician, school's Contracted APRN or APRN's designee, filed in the student's health folder, and maintained up to date by the school nurse.

Coaches and physical education staff shall insure appropriate monitoring of an athlete's physical condition.

# Student Medical Care at School

School personnel are responsible for the immediate care necessary for a student whose sickness or injury occurs on the school premises during school hours or in school-sponsored and supervised activities.

Schools shall maintain files of Emergency Information cards for each student. If a child's injury requires immediate care, the parent or guardian will be called by telephone by the nurse, the building Principal, or other personnel designated by the Principal, and advised of the student's condition. When immediate medical or dental attention is indicated, and when parents or guardians cannot be reached, the student will be transported to the nearest hospital unless otherwise indicated on the student's Emergency Information card. In this event, the family physician/dentist and school district's Contracted APRN will be notified of school district actions.

Legal Reference: Connecticut General Statutes

- 10 203 Sanitation.
- 10 204 Vaccination.
- 10 204a Required immunizations. (as amended by PA 15-174 and PA 15-242)
- 10 204c Immunity from liability
- 10 205 Appointment of school medical advisors.
- 10 206 Health assessments. (as amended by PA 07-58 and PA 11-179)
- 10 206a Free health assessments.
- 10 207 Duties of medical advisers. (as amended by PA 12-198)
- 10 208 Exemption from examination or treatment.
- 10 208a Physical activity of student restricted; boards to honor notice.
- 10 209 Records not to be made public.
- 10 210 Notice of disease to be given parent or guardian.
- 10 212 School nurses and nurse practitioners.
- 10 212a Administration of medicines by school personnel.
- 10 213 Dental hygienists.
- 10 214 Vision, audiometric and postural screenings: When required; notification of parents re defects; record of results.
- 10 214a Eye protective devices.
- 10 214b Compliance report by local or regional Board of Education.
- 10 217a Health services for children in private nonprofit schools. Payments from the state, towns in which children reside and private nonprofit schools.

Federal Family Educational Rights and Privacy Act of 1974 (section 438 of the General Education Provisions Act, as amended, added by section 513 of P.L. 93-568, codified at 20 U.S.C. 1232g)

42 U.S.C. 1320d-1320d-8, P.L. 104-191, Health Insurance Portability and Accountability Act of 1996 (HIPAA)

Policy Revised: 06/16/08 – Lisbon Board of Education

Policy Amended: 06/20/11

04/20/15 04/25/16 02/22/21 10/18/21