15 Newent Road Lisbon, CT 06351

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## **Students**

#### **Student Health Services**

#### **School District Medical Advisor**

The Board of Education shall appoint a school district medical advisor and appropriate medical support service personnel including nurses.

School health efforts shall be directed toward detection and prevention of health problems and to emergency treatment, including the following student health services:

- 1. Appraising the health status of student and school personnel;
- 2. Counseling students, parents, and others concerning the findings of health examination;
- 3. Encouraging correction of defects;
- 4. Helping prevent and control disease;
- 5. Providing emergency care for student injury and sudden illness;
- 6. Maintaining school health records

#### **Health Records**

There shall be a health record for each student enrolled in the school district which will be maintained in the school nurse's room. For the purposes of confidentiality, records will be treated in the same manner as the student's cumulative academic record.

#### **Regular Health Assessments**

Prior to enrollment in Pre-K or kindergarten, each child shall have a health assessment by one of the following medical personnel of the parents or guardians choosing to ascertain whether the student has any physical disability or other health problem tending to prevent him or her from receiving the full benefit of school work and to ascertain whether such school work should be modified in order to prevent injury to the student or to secure for the student a suitable program of education:

- 1. A legally qualified physician;
- 2. An advanced practice registered nurse;
- 3. A physician's assistant.

Such health assessment shall include:

- 1. Physical examination which shall include hematocrit or hemoglobin tests, height, weight, and blood pressure;
- 2. Updating of immunizations required under 10-204 and 10-204a;
- 3. Vision, hearing, postural and gross dental screening;
- 4. If required by the school district medical advisor, testing for tuberculosis and sickle cell anemia or cell anemia or Cooley's anemia;
- 5. Any other information including a health history as the physician believes to be necessary and appropriate

Health assessments shall also be required in grade 6 and in grade 9 by a legally qualified physician of each student's parents or guardians own choosing, or by the school medical advisor, or the advisor's designee, to ascertain whether a student has any physical disability or other health problem. Such health assessments shall include:

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## **Students**

#### **Student Health Services**

### **Regular Health Assessments (continued)**

- 1. Physical examination which shall include hematocrit or hemoglobin tests, height, weight, and blood pressure;
- 2. Updating of immunizations required under 10-204 and 10-204a;
- 3. Vision, hearing, postural and gross dental screening;
- 4. If required by the school district medical advisor, testing for tuberculosis and sickle cell anemia or cell anemia or Cooley's anemia;
- 5. Any other information including a health history as the physician believes to be necessary and appropriate

A child will not be allowed, as the case may be, to begin or continue in district schools unless health assessments are performed as required. Students transferring into the district must provide evidence of required Connecticut vaccinations, immunizations, and health assessments at enrollment and prior to school attendance.

Health assessments will be provided by the school medical advisor or the advisor's designee without charge to all students whose parents or guardians meet the eligibility requirement of free and reduced priced meals under the National School Lunch Program or for free milk under the special milk program. All students who have insurance coverage are expected to use it for their assessments.

Health assessment results and recommendations signed by the examining physician or authorized medical personnel shall be recorded on forms provided by the Connecticut State Board of Education and kept on file in the school the student attends. Upon written authorization from the student's parent or guardian, original cumulative health records shall be sent to the chief administrative officer of the school district to which such student moves and a true copy of the student's cumulative health records maintained with the student's academic records. The superintendent of schools, or designee, shall notify parents of any health-related problems detected in health assessments and shall make reasonable efforts to assure that further testing and treatment is provided, including advice on obtaining such required testing or treatment.

Students who are in violation of Board requirements for health assessments and immunizations will be excluded from school after appropriate parental notice and warning.

#### **Vision Screening**

All students in grades K-6, and grade 9 will be screened using a Snellen chart, or equivalent screening, by the school nurse or school health aide. Additional vision screening will also be conducted in response to appropriate requests from parents/guardians or professionals working with the student in question. Results will be recorded in the student's health record on forms supplied by the Connecticut State Board of Education, and the Superintendent or designee shall cause a written notice to be given to the parent or guardian of each student found to have any defect of vision or disease of the eyes, with a brief statement describing such defect or disease.

As necessary, special educational provisions shall be made for students with handicapping conditions.

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## **Students**

#### **Student Health Services**

## **Hearing Screening**

All students will be screened for possible hearing impairments in grades K-3, grade 5 and grade 8. Additional audiometric screening will be conducted in response to appropriate requests from parents/guardians or professionals working with the student. Results will be recorded in the student's health record on forms supplied by the Connecticut State Board of Education, and the superintendent or designee shall cause a written notice to be given to the parent or guardian of each student found to have any defect of hearing or disease of the ears, with a brief statement describing such defect or disease.

As necessary, special educational provisions shall be made for students with handicapping conditions.

## **Postural Screening**

School nurses will screen all students in grades 5 through 9 inclusive for scoliosis or other postural problems. Additional postural screening will also be conducted in response to appropriate requests from parents/guardians or professionals working with the student. Results will be recorded in the student's health record on forms supplied by the Connecticut State Board of Education, and the Superintendent or designee shall cause a written notice to be given to the parent or guardian of each student found to have any postural defect of problem, with a brief statement describing such defect or disease.

As necessary, special educational provisions shall be made for students with handicapping conditions.

#### **Tuberculin Testing**

At each mandated examination, an assessment is to be made of the exposure to tuberculosis. Any child determined to be at high risk will be tested, and anyone found to be positive will have an appropriate management plan developed. In addition, all students originally from high risk countries who are entering school in Connecticut for the first time will receive a tuberculin skin test.

### **Immunizations/Vaccinations**

No student will be allowed to enroll in any program operated as part of the district schools without adequate immunization against the following diseases:

- 1. Measles
- 2. Rubella
- 3. Poliomyelitis
- 4. Diphtheria
- 5. Tetanus
- 6. Pertussis
- 7. Mumps
- 8. Hemophilus influenza type B
- 9. Varicella or proof of immunity
- 10. Hepatitis B
- 11. Any other vaccine required by section 19a-7f of Connecticut General Statues

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### **Students**

## **Student Health Services**

### **Immunizations/Vaccinations (continued)**

Students shall be exempt from the appropriate provisions of this policy when:

- 1. They present a certificate from a physician or local health agency stating that initial immunizations have been given and additional immunizations are in process under guidelines and schedules specified by the Commissioner of Health Services; or
- 2. They present a certificate from a physician stating that in the opinion of such physician, immunization is medically contraindicated because of the physical condition of such child; or
- 3. They present a statement from their parents or guardians that such immunization would be contrary to the religious beliefs of such child; or
- 4. In the case of measles, mumps or rubella, present a certificate from a physician or from the Director of Health in such child's present or previous town of residence, stating that the child has had a confirmed case of such disease; or
- 5. In the case of hemophilus influenza type B has passed his or her fifth birthday; or
- 6. In the case of pertussis, has passed his or her sixth birthday

The school nurse will report to the local director of health any occurrence of State of Connecticut defined reportable communicable diseases.

#### **Health Assessments / Interscholastic Sports Programs**

Any student participating in an interscholastic sports program must have a sports physical within one year thirteen months prior to the first training session for the sport or sports. Each participant in a sport program must complete a health questionnaire before participating in each sport.

Parents are expected to use the services of their private physician. If a student is unable to obtain a health assessment from his / her personal physician for financial or other reasons, an examination can be arranged with school medical advisor. Health assessment results shall be recorded on forms provided by the Connecticut State Board of Education, signed by the examining physician, school medical advisor or advisor's designee, filed in the student's health folder, and maintained up to date by the school nurse.

Coaches and physical education staff shall insure appropriate monitoring of an athlete's physical condition.

Parents wishing their children exempted or excused from health assessments on religious grounds must request such exemption to the Superintendent of Schools in writing. This request must be signed by the parent/guardian.

No record of any student's medical assessment may be open to the public.

As required, the District will annually report to the Department of Public Health and to the local Health Director the asthma data, pertaining to the total number of students per school and for the district, obtained through the required asthma assessments, including student demographics. Such required asthma diagnosis shall occur at the time of mandated health assessment at the time of enrollment, in either grade six or seven, and in either grade nine or ten. Such asthma diagnosis shall be reported whether or not it is recorded on the health assessment form, at the aforementioned intervals. The District, as

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## **Students**

## **Student Health Services**

## <u>Health Assessments / Interscholastic Sports Programs (continued)</u>

required, will also participate in annual school surveys conducted by the Department of Public Health pertaining to asthma.

The District will also annually report to the Department of Public Health the School Immunization Entry Survey and the School Immunization Survey Supplement-Influenza for Pre-School.

Policy Revised: 06/16/08 – Lisbon Board of Education

Policy Amended: 06/20/11 04/20/15